

A TASTE OF YOUTH MENTAL HEALTH FIRST AID

Webinar for High School Ag Teachers

Presenter: Jeffrey Franklin, Director

SIU Medicine, Center for Rural Health and Social Service Development
1 Continuing Education unit will be offered

March | 18 | 2021 | 3:30pm - 4:30pm

A Southern Illinois University School of Medicine Center for Rural Health and Social Service Development Webinar

Youth Mental Health First Aid (YMHFA) is the help offered to a young person experiencing a mental health challenge, mental disorder, or a mental health crisis. The first aid is given until appropriate help is received or until the crisis resolves. Through YMHFA training participants gain tools to help them intervene with a student if they notice social and emotional issues that a student may be in crisis. Participants learn the signs of a mental health disorder, learn actions to take and how they can be a lifeline to students.

Follow this link on your smartphone or computer tinyurl.com/SIU-Youth or scan the QR Code For more information: Contact Karen Stallman at kstallman88@siumed.edu | 618-713-0759



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